



August 28, 2008

## Zing and a Beep

By Teresa Hampton

It has been twelve years since I was diagnosed with MS. God has been so good. Most of the time my body works correctly, just slowly. However, there is a lingering problem that makes the left foot uncooperative. We have been trying a device that attaches to my leg and foot. An electrode is under the heel and it signals the leg when I raise my foot to take a step. There is promptly a little ‘zing’ in my leg that lifts the foot up. I have a nifty little remote control that enables me to adjust the intensity, turn it on or off, etc. But if I set the remote down and drift off to another room, it begins to beep, *loudly*, and my leg beeps, too! It makes interesting discussion when it starts beeping in a public place, like an airport.

In spiritual matters, we don’t have a device that makes us recognize when we’re drifting away from the Lord. We don’t get a loud beep when we’ve lost our connection to God through lack of Bible study, lack of prayer, or being disconnected from the fellowship of believers. However, each of those things is within our control all the time. *Draw near to God and He will draw near to you...* (James 4:8). When we stay close to the source of spiritual power, we are able to handle the intensity of life and temptation. The study of God’s word, prayers of faith, and fellowship with the saints help us stay connected to the Lord. If we draw near to Him, God will surely draw near to us, and put the ‘zing’ in each new day.

**Today’s Verse:** *For indeed, those who are far from You shall perish...But it is good for me to draw near to God; I have put my trust in the Lord God, that I may declare Your works* (Psalm 73:27-28).

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