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Answers and Solutions

By Teresa Hampton

Where do you go when you want answers? Where do you go when you need solutions to a problem or challenge? These are good questions. Some go to self-help books, relatives, or friends. But there is one place that far surpasses all of these.

No matter the problem or challenge, whether great or small, God's word gives us all the answers. Paul assured us of this when he wrote to Timothy saying, *All scripture is given by inspiration of God and is profitable for doctrine, for reproof, for correction, for instruction in righteousness, that the man of God may be complete, thoroughly equipped for every good work* (2 Timothy 3:16-17). God, the Creator of man, knows what man needs spiritually, emotionally, mentally, and physically. None other is better qualified.

Scripture supplies us with doctrine or teaching that defines sin, sets spiritual parameters, and guides our lives in all areas. The Word reproves us and corrects us when we fall prey to the wiles of Satan. Sin and its consequences, either in our lives or the lives of others, produce many of the problems we confront in life. God's word is also proactive, in that it instructs us in all that is right so we may be pleasing to God our Father. The Bible gives us everything we need to be complete and thoroughly equipped for every good work, to the glory of God.

Peter said, *God has given us all things that pertain to life and godliness* (2 Peter 1:3). This would include not only direct address of issues, but also the **basic principles** that provide guidance for every specific problem we might encounter in life.

Trustworthy self-help books, relatives, and friends certainly have their place when we sort out and seek guidance. But let us never forget the Book that is the source of all answers and solutions.

Bonus: see next page

Today's Verse: *I will meditate on Your precepts, and contemplate Your ways, I will delight myself in Your statutes; I will not forget them* (Psalm 119:15-16). *Direct my steps by Your word, and let no iniquity have dominion over me* (119:133).

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<u>Adversity</u>	Matthew 10:16-39	<u>Facing crisis</u>	Psalm 121	<u>Overcoming</u>	John 16:33
<u>Anger</u>	Matthew 5:22-24		Matthew 6:25-34		Psalm 6
<u>Afraid</u>	Psalm 34:4		Hebrews 11		Romans 8:31-39
	Matthew 10:28	<u>Fault finding</u>	Matthew 7:1-5		1 John 1:4-9
	2 Timothy 1:7	<u>Faith fails</u>	Psalm 42:5	<u>Patience</u>	Hebrews 10:36
	Hebrews 13:5,6		Hebrews 11		
<u>Anxious</u>	Matthew 6:19-34	<u>Fear</u>		<u>Sick - In pain</u>	Psalm 38
	Philippians 4:6		Luke 12:5		Matthew 26:39
	1 Peter 5:6,7	<u>Flesh</u>	Romans 13:14		Romans 5:3-5
<u>Backsliding</u>	Psalm 51	<u>Friends fail</u>			2 Corinthians 12:9,10
	1 John 1:4-9		Psalm 41:9-13		1 Peter 4:12,13,19
<u>Bereaved</u>	Matthew 5:4		Luke 17:3,4	<u>Sorrowful</u>	Psalm 51
	2 Corinthians 1:3,4		2 Timothy 4:16-18		Matthew 5:4
<u>Bitter - Critical</u>	1 Corinthians 13	<u>Greed</u>	Luke 12:15-31		John 14
		<u>Leaving home</u>			2 Corinthians 1:3,4
<u>Conscious of sin</u>	Proverbs 28:13		Psalm 121		1 Thessalonians 4:13-18
		<u>Lonely</u>	Matthew 10:16-20		
<u>Defeated</u>	Romans 8:31-39		Psalm 23	<u>Tempted</u>	Psalm 1
			Hebrews 13:5,6		Psalm 139:23,24
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					1 Corinthians 10:12-14
<u>Disaster threatens</u>	Psalm 91	<u>Needing God's protection</u>			Philippians 4:8
	Psalm 118:5,6		Psalm 27:1-3		James 4:7
	Luke 8:22-25		Psalm 91		2 Peter 2:9,3:17
<u>Discouraged</u>	Psalm 23	<u>Needing guidance</u>	Philippians 4:19		
	Psalm 42:6-11			<u>Traveling</u>	Psalm 121
	Psalm 55:22		Psalm 32:8		
	Matthew 5:11,12		Proverbs 3:5,6	<u>Trouble, in</u>	Psalm 10
	2 Corinthians 4:8-18	<u>Needing peace</u>			John 14:1-4
	Philippians 4:4-7		John 14:1-4		Hebrews 7:25
<u>Doubting</u>	Matthew 8:26, 14:28-31		John 16:33	<u>Weary</u>	Psalm 90
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<u>Divorce</u>	Mark 10:2-12	<u>Needing rules for life</u>	Philippians 4:6,7		1 Corinthians 15:58
					Galatians 6:9,10
			Romans 12	<u>Worried</u>	Matthew 6:19-34
					1 Peter 5:6-7