



February 4 , 2016

Our God is Able

by Teresa Hampton

Have you experienced pain, grief, or a challenge so intense you wondered, “How am I going to get through this?” Have you ever gone through a trial so difficult and painful that you began to question your faithfulness to the Lord? Or have you ever committed a sin so grievous that you thought God couldn't or wouldn't forgive?

Any number of life situations can lead one to question whether God is able to deliver, or if He hears our cries. Perhaps that is when we need to reflect on some amazing things that happened to His people:

- God gave Abraham and Sarah a child when he was 100 years old and she was 90 (Genesis 18:10-11). He keeps his promises.
- Christ parted the mighty Red Sea and led the Israelites to safety (1 Corinthians 10:1-4). He liberates.
- Our Creator gave His children bread from the sky, water from a rock, and sandals that never wore out (Exodus 15:16, 17, Deuteronomy 29:5). He provides.
- The Lord brought down the mighty walls of Jericho (Joshua 6:20). He conquers.
- God brought Jonah out of the belly of a great fish (Jonah 2:10). He delivers.
- God forgave David after he committed adultery and murder (2 Samuel 12:13). He pardons.
- Jesus fed five thousand men, not counting women and children, with five loaves of bread and two fish (Matthew 14:19-21). Later, he did it a second time. He cares.
- When His disciples were afraid they were perishing, Jesus told the raging wind and water, “Be still!” and the elements obeyed Him (Mark 4:39). He rescues.
- Jesus came when Lazarus died, and even when He knew He was going to raise him from the dead, He wept with Martha and Mary (John 11:34-35). He feels.

God is all-knowing and ever-present. He is always with us (Matthew 28:19-20). He can deliver us from pain, sorrow, or fierce challenges. He will not allow us to be tempted beyond what we are able to resist, but will provide a way of escape (1 Corinthians 10:13). With unspeakable love he sacrificed his Son, thereby providing forgiveness when we sin. He deserves our trust.

Our God is able. Amen! Amen!

Today's Verse: *If God is for us, who can be against us? He who did not spare His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all things?* (Romans 8:31b-32).

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